

# MERCER COUNTY NUTRITION LUNCHES

May 2018

Center: Robbinsville Center Director: Renee Burns Center Phone: 609-259-1567

The Nutrition program continues to grow!

To make room for all participants, reserve your spot ahead of time.

If you cannot join us, make sure to cancel your reservation.

Thank you for your consideration.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>BRIAN M. HUGHES COUNTY EXECUTIVE</b></p> 	<p><b>1</b></p> <p><b>BEEF BURGER W/CHEESE, KETCHUP AND MAYO</b></p> <p><b>CHICKEN VEGETABLE SOUP</b></p> <p><b>TATER TOTS W/KETCHUP</b></p> <p><b>LETTUCE, TOMATO, &amp; ONION WHOLE WHEAT HAMBURGER BUN ORANGES</b></p>	<p><b>2</b></p> <p><b>CHICKEN CORDON BLEU</b></p> <p><b>JUICE</b></p> <p><b>WILD RICE</b></p> <p><b>BROCCOLI</b></p> <p><b>PUMPERNICKEL BREAD</b></p> <p><b>DICED PEACHES</b></p>	<p><b>3</b> <i>Super Thursday</i></p> <p><b>TUNA SALAD W/EXTRA MAYO PACKET</b></p> <p><b>TURKEY RICE SOUP</b></p> <p><b>BAG OF POTATO CHIPS</b></p> <p><b>LETTUCE LEAF &amp; TOMATO</b></p> <p><b>(2) SLICES RYE BREAD</b></p> <p><b>BANANA</b></p>	<p><b>4</b></p> <p><b>PIZZA W/PEPPERONI</b></p> <p><b>JUICE</b></p> <p><b>THREE BEAN SALAD</b></p> <p><b>BEEF &amp; ONION SALAD</b></p> <p><b>ICE CREAM DIXIE CUP</b></p>
<p><b>7</b> <i>Cinco de Mayo</i></p>  <p><b>CHEESY CHICKEN ENCHILADA (CHICKEN, ONIONS, SHREDDED CHEESE AND RICE)</b></p> <p><b>CORN CHOWDER</b></p> <p><b>SOFT TORTILLA</b></p> <p><b>MANDARIN ORANGES</b></p>	<p><b>8</b></p> <p><b>LOW SALT HAM &amp; SWISS CHEESE SANDWICH</b></p> <p><b>JUICE</b></p> <p><b>SPIRAL PASTA SALAD VINAIGRETTE</b></p> <p><b>COLESLAW</b></p> <p><b>(2) SLICES RYE BREAD</b></p> <p><b>PINEAPPLE CHUCKS</b></p>	<p><b>9</b></p> <p><b>BEEF &amp; BROCCOLI W/TERIYAKI SAUCE</b></p> <p><b>JUICE</b></p> <p><b>LO MEIN W/TERIYAKI SAUCE</b></p> <p><b>ORIENTAL VEGETABLES</b></p> <p><b>WHOLE WHEAT DINNER ROLL</b></p> <p><b>ORANGE SHERBET</b></p>	<p><b>10</b></p> <p><b>CHICKEN MARSALA</b></p> <p><b>MANHATTAN CLAM CHOWDER</b></p> <p><b>BROWN RICE</b></p> <p><b>MIXED VEGETABLES</b></p> <p><b>RYE BREAD</b></p> <p><b>FRESH TANGERINE</b></p>	<p><b>11</b></p> <p><b>LEMON PEPPER FISH W/TARTAR SAUCE</b></p> <p><b>VEGETARIAN LENTIL SOUP</b></p> <p><b>TRI-COLOR ROASTED POTATOES</b></p> <p><b>DICED BUTTERNUT SQUASH</b></p> <p><b>PUMPERNICKEL BREAD FIG BAR</b></p>
<p><b>14</b> <i>Mother's Day Brunch</i></p>  <p><b>WESTERN OMELET W/KETCHUP</b></p> <p><b>JUICE</b></p> <p><b>SAUSAGE PATTY</b></p> <p><b>(2) HASH BROWN W/KETCHUP</b></p> <p><b>CORN MUFFIN</b></p> <p><b>FRESH APPLE SLICES</b></p>	<p><b>15</b></p> <p><b>SEAFOOD SALAD</b></p> <p><b>JUICE</b></p> <p><b>SPIRAL PASTA SALAD</b></p> <p><b>COLESLAW</b></p> <p><b>RYE/PUMPERNICKEL SWIRL BREAD</b></p> <p><b>WHOLE WHEAT BREAD</b></p> <p><b>GRAHAM CRACKERS</b></p>	<p><b>16</b> <i>Summertime Salad</i></p> <p><b>A SALAD WITH CHOPPED TURKEY &amp; PROVOLONE CHEESE, ROMAINE LETTUCE, CROUTONS, DRIED CRANBERRIES AND CUCUMBER SLICES W/ BALSAMIC VINAIGRETTE</b></p> <p><b>MINISTRONE SOUP</b></p> <p><b>SUN CHIPS</b></p> <p><b>WHOLE WHEAT DINNER ROLL</b></p> <p><b>JELLO W/FRUIT</b></p>	<p><b>17</b> <i>Birthday Celebration Menu</i></p> <p><b>KIELBASA/MUSTARD PACKET</b></p> <p><b>JUICE</b></p> <p><b>MASHED POTATOES</b></p> <p><b>SAUERKRAUT</b></p> <p><b>WHOLE WHEAT BREAD</b></p> <p><b>OREO COOKIES</b></p>	<p><b>18</b></p> <p><b>EGG SALAD W/LETTUCE LEAF</b></p> <p><b>CHICKEN RICE SOUP</b></p> <p><b>MACARONI SALAD</b></p> <p><b>BROCCOLI SALAD</b></p> <p><b>(2) SLICES RYE BREAD</b></p> <p><b>GRANOLA BAR</b></p>
<p><b>21</b> <i>Multicultural Meal</i></p> <p><b>MEATBALLS W/TOMATO SAUCE</b></p> <p><b>JUICE</b></p> <p><b>SPAGHETTI W/MARINARA SAUCE</b></p> <p><b>PEAS &amp; ONIONS</b></p> <p><b>ITALIAN BREAD</b></p> <p><b>FRUIT COCKTAIL</b></p>	<p><b>22</b> <i>Advisory Council @ Jennye Stubblefield</i></p> <p><b>BREADED PORK CHOP</b></p> <p><b>JUICE</b></p> <p><b>SWEET POTATO CHUNKS</b></p> <p><b>GREEN BEANS</b></p> <p><b>PUMPERNICKEL BREAD</b></p> <p><b>CHOCOLATE PUDDING</b></p>	<p><b>23</b></p> <p><b>BREADED CHICKEN BREAST W/HONEY MUSTARD</b></p> <p><b>JUICE</b></p> <p><b>PENNE W/ GARLIC &amp; PARMESAN CHEESE</b></p> <p><b>ZUCCHINI SLICES SAUTÉED</b></p> <p><b>WHOLE WHEAT BREAD BLUEBERRIES</b></p>	<p><b>24</b></p> <p><b>SWEET ITALIAN SAUSAGE W/TOMATO SAUCE</b></p> <p><b>NAVY BEAN SOUP</b></p> <p><b>ROASTED RED POTATOES</b></p> <p><b>PEPPERS &amp; ONIONS</b></p> <p><b>CLUB ROLL</b></p> <p><b>OATMEAL COOKIE</b></p>	<p><b>25</b></p> <p><b>CRAB CAKES W/TARTAR SAUCE</b></p> <p><b>JUICE</b></p> <p><b>CONFETTI RICE</b></p> <p><b>STEW TOMATOES</b></p> <p><b>WHOLE WHEAT BREAD</b></p> <p><b>STRAWBERRY YOGURT</b></p>
<p><b>28</b></p> <p><b>MEMORIAL DAY NUTRITION SITES CLOSED</b></p> 	<p><b>29</b></p> <p><b>Site Manager Meeting</b></p> <p><b>Cold Boxed</b></p> 	<p><b>30</b> <i>National Senior Health &amp; Fitness Day</i> <a href="http://www.fitnessday.com/senior/">http://www.fitnessday.com/senior/</a></p> <p><b>BBQ CHICKEN BREAST JUICE</b></p> <p><b>MACARONI &amp; CHEESE</b></p> <p><b>CARROT COINS</b></p> <p><b>WHOLE WHEAT BREAD</b></p>	<p><b>31</b></p> <p><b>DAILY MEAL INCLUDES: MILK, MARGARINE AND HOT BEVERAGE</b></p> <p><b>MENU IS SUBJECT TO CHANGE WITHOUT NOTICE</b></p>	<p><b>OLDER AMERICAN'S MONTH</b></p> 