

MERCER COUNTY NUTRITION LUNCHES

August 2017

Center: Robbinsville Center Director: Renee Burns Center Phone: 609-259-1567

The Nutrition program continues to grow!

To make room for all participants, reserve your spot ahead of time.

If you cannot join us, make sure to cancel your reservation.

Thank you for your consideration.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>BRIAN M. HUGHES COUNTY EXECUTIVE</p> 	<p><i>1 SUPER TUESDAY</i> (soup & sandwich) (RUBEN) WARM TURKEY PASTRAMI W/SWISS CHEESE, SAUERKRAUT & RUSSIAN DRESSING JUICE MACARONI SALAD CARROT COINS CLUB ROLL ICE CREAM SANDWICH</p>	<p>2 TUNA SALAD ON LETTUCE LEAF W/MAYO PACKET TURKEY RICE SOUP THREE-BEAN SALAD COLESLAW RYE BREAD (2) CHOCOLATE CUPCAKE</p>	<p>3 ROASTED BBQ CHICKEN LEG QUARTER JUICE WILD RICE & BROWN RICE BLEND BRUSSEL SPROUTS WHOLE WHEAT BREAD MANDARIN ORANGES</p>	<p>4 POTATO CRUSTED FISH W/TARTAR SAUCE LENTIL SOUP POTATOES AU GRATIN FLAT GREEN BEANS PUMPERNICKEL BREAD GRAHAM CRACKERS</p>
<p>7 BURGER W/ LETTUCE, AMERICAN CHEESE AND KETCHUP & MAYO JUICE TATER TOTS W/KETCHUP TOMATO SLICE FOR BURGER WHOLE WHEAT BURGER BUN FRESH PEACH</p>	<p>8 FRIED CHICKEN MANHATTAN CLAM CHOWDER SEASONED POTATOES BUTTERNUT SQUASH WHOLE WHEAT BUN VANILLA PUDDING</p>	<p>9 SLICED BEEF TIPS W/BROWN GRAVY JUICE WIDE NOODLES MIXED VEGETABLES RYE BREAD FRUIT COCKTAIL</p>	<p>10 CHICKEN A LA KING JUICE CONFETTI RICE SEASONED ZUCCHINI SLICES PUMPERNICKEL BREAD CHOCOLATE CHIP COOKIES</p>	<p><i>11 FITNESS FRIDAY</i> WHEAT WRAP W/ ROASTED TURKEY, PROVOLONE CHEESE, AND LETTUCE W/MAYO NAVY BEAN SOUP SUN CHIPS TOMATO, CUCUMBER AND ONION SALAD W/DRESSING FRESH PLUM</p>
<p>14 SWEDISH MEATBALLS JUICE EGG NOODLES PEAS & PEARL ONIONS WHOLE WHEAT BREAD OATMEAL COOKIE</p>	<p>CHICKEN MARSALA SPLIT PEA W/HAM SOUP MASHED POTATOES BROCCOLI & CAULIFLOWER RYE BREAD STRAWBERRY YOGURT</p>	<p><i>16 OAHU FEAST</i> LOW-SALT HAM W/PINEAPPLE SALSA LEMONADE POTATO SALAD MAUI VEGETABLE BLEND PUMPERNICKEL/RYE SWIRL BREAD BANANA</p>	<p><i>17 MAUI SPECIAL</i> SLICED ROAST PORK W/APPLE GRAVY JUICE SWEET POTATO CHUNKS SNAP PEAS DINNER ROLL ORANGE SHERBET</p>	<p><i>18 HAWAIIAN LUAU</i>  CHEESY CHICKEN ENCHILADA (CHICKEN, ONIONS, SHREDED CHEESE AND BLACK BEANS) CORN CHOWDER TORTILLA CHIPS W/ SALSA SOFT TORTILLA COCONUT PIE</p>
<p>21 ITALIAN "SUB" W/ HAM, SALAMI, CHEESE & MAYO JUICE INDIVIDUAL POTATO CHIP BAGS SHREDDED LETTUCE & TOMATO SLICE CLUB ROLL PINEAPPLE TIDBITS</p>	<p>22 CHOPPED GRILLED CHICKEN AND PENNE PASTA IN AN ALFREDO SAUCE AND PARMESAN CHEESE CONSOMMÉ SOUP CAESAR SALAD W/ CROUTONS, PARMESAN CHEESE & LITE CAESAR DRESSING ITALIAN BREAD JELL-O</p>	<p>23 KIELBASA W/MUSTARD JUICE BAKED BEANS SAUERKRAUT CLUB ROLL GRANOLA BAR</p>	<p>24 CHICKEN SALAD ON LETTUCE LEAF W/MAYO PACKET VEGETARIAN VEGETABLE SOUP SPIRAL PASTA SALAD RAW BABY CARROTS WHOLE WHEAT BUN POUND CAKE</p>	<p>25 CRAB CAKE W/TARTAR SAUCE JUICE MACARONI & CHEESE STEWED TOMATOES RYE BREAD BROWNIE</p>
<p>28 WESTERN OMELET W/ KETCHUP JUICE SAUSAGE PATTY HASH BROWN POTATOES W/KETCHUP RYE BREAD SLICED APPLES</p>	<p><i>29</i>  SITE MANAGER MEETING COLD BOXED MEAL</p>	<p>30 CHICKEN CORDON BLEU W/HAM & SWISS CHEESE, GRAVY ON THE SIDE JUICE TRI-COLORED POTATO MEDLEY GREEN BEANS DINNER ROLL ICE CREAM DIXIE CUP</p>	<p>31 MEATLOAF W/ GRAVY MINISTRONE SOUP ROASTED RED POTATOES BROCCOLI WHOLE WHEAT BREAD DICED PEARS</p>	<p>DAILY MEAL INCLUDES: MILK, MARGARINE AND HOT BEVERAGE MENU IS SUBJECT TO CHANGE WITHOUT NOTICE </p>