





MERCER COUNTY NUTRITION LUNCHES

April 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 SALISBURY STEAK W/GRAVY JUICE MASHED POTATOES PEAS & PEARL ONIONS WHOLE WHEAT BREAD BROWNIE	2 KIELBASA W/ SAUERKRAUT (GARNISH) & MUSTARD JUICE PIEROGIS MIXED VEGETABLES WHOLE WHEAT CLUB ROLL VANILLA PUDDING	3 BREADED CHICKEN CUTLET W/HONEY MUSTARD SAUCE BEEF BARLEY SOUP POTATOES TRI-COLOR MEDLEY BUTTERNUT SQUASH PUMPERNICKEL/RYE SWIRL STRAWBERRY YOGURT	4 BREADED PORK CHOP Without Gravy JUICE MASHED SWEET POTATOES SPINACH DINNER ROLL MANDARIN ORANGES	5 OVEN BAKED FISH W/TARTAR SAUCE CORN CHOWDER CONFETTI RICE BROCCOLI RYE BREAD BANANA
8 BEEF CHILI W/ BEANS JUICE BROWN/WILD RICE BLEND CARROT COINS PUMPERNICKEL BREAD BLACK & WHITE COOKIE	9 SUPER TUESDAY A SALAD WITH CHICKEN STRIPS, ROMAINE LETTUCE, TOMATO, SHREDDED CARROTS & ITALIAN DRESSING SPLIT PEA W/HAM SUN CHIPS DINNER ROLL FRESH TANGERINE	10 Birthday Celebration Menu HOT DOGS (2) W/ MUSTARD, RELISH & KETCHUP JUICE BAKED BEANS COLESLAW WHOLE WHEAT HOTDOG BUNS (2) OATMEAL COOKIE	11 CHICKEN POT PIE JUICE GARDEN SALAD W/ TOMATOES & CUCUMBERS W/RANCH DRESSING CORN MUFFIN APPLE SLICES	12 Volunteer Recognition Day CRAB CAKES W/TARTAR SAUCE LENTIL SOUP MACARONI & CHEESE STEWED TOMATOES WHOLE WHEAT HAMBURGER BUN FRUIT COCKTAIL
15 TAX DAY LUNCH IRS FRIED CHICKEN CHICKEN NOODLE SOUP  LATE FEE SWEET POTATO CHUCKS JAILHOUSE GREEN BEANS BAILOUT RYE BREAD FELONY FIG BAR	16 Advisory Council Meeting @ John O Wilson MEATBALLS W/TOMATO SAUCE PARMESAN CHEESE JUICE PENNE PASTAW/MARINARA SAUCE BRUSSEL SPROUTS ITALIAN BREAD DICED PEACHES	17 CHICKEN CORDON BLEU W/HAM & SWISS CHEESE, GRAVY ON THE SIDE JUICE MASHED POTATOES WINTER BLEND VEGETABLES WHOLE WHEAT BREAD ICE CREAM DIXIE CUP	18 LOW SALT HAM VEGETARIAN VEGETABLE SOUP SCALLOPED POTATOES CAULIFLOWER WHOLE WHEAT DINNER ROLL PINEAPPLE TIDBITS	19 Good Friday  The Nutrition Program is CLOSED
22 Easter Brunch Celebration OMELET W/SALSA JUICE SAUSAGE PATTY (2) HASH BROWN POTATOES W/KETCHUP (2) RYE BREAD GRANOLA BAR	23 BEEF & BROCCOLI W/TERIYAKI SAUCE JUICE BROWN RICE W/TERIYAKI SAUCE ORIENTAL VEGETABLES PUMPERNICKEL BREAD CHOCOLATE PUDDING	24 ITALIAN SAUSAGE NAVY BEAN SOUP TATER TOTS W/KETCHUP PEPPERS & ONIONS W/ MARINARA SAUCE CLUB ROLL ORANGE SHERBET	25 STUFFED CABBAGE JUICE RED ROASTED POTATOES SPINACH SALAD W/BALSAMIC VINAIGRETTE WHOLE WHEAT BREAD JELLO	26 ARBOR DAY TUNA SALAD ON LETTUCE LEAF TURKEY VEGETABLE SOUP MACARONI SALAD STRING BEAN SALAD (2) Slices RYE BREAD GRAHAM CRACKERS
29 (2) BEEF STUFFED SOFT TACOS W/SHREDDED CHEDDAR CHEESE JUICE RICE W/BEANS SHREDDED LETTUCE & TOMATO SOFT TACO SHELL OREO COOKIES	30 COLD BOXED LUNCH  SITE MANAGER MEETING	 VOLUNTEERS NEEDED	DAILY MEAL INCLUDES: MILK, MARGARINE AND HOT BEVERAGE MENU IS SUBJECT TO CHANGE WITHOUT NOTICE	BRIAN M. HUGHES COUNTY EXECUTIVE 