

# MERCER COUNTY NUTRITION LUNCHES

November 2017

Center: Robbinsville Center Director: Renee Burns Center Phone: 609-259-1567

The Nutrition program continues to grow!

To make room for all participants, reserve your spot ahead of time.

If you cannot join us, make sure to cancel your reservation.

Thank you for your consideration.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>BRIAN M. HUGHES COUNTY EXECUTIVE</b></p> 	<p>1 DAILY MEAL INCLUDES: MILK, MARGARINE AND HOT BEVERAGE</p> <p>MENU IS SUBJECT TO CHANGE WITHOUT NOTICE</p>	<p>1 CHICKEN TETRAZZINI</p> <p>CONSUME' SOUP</p> <p>LINGUINI</p> <p>SNAP PEAS</p> <p>PUMPERNICKEL BREAD</p> <p>PINEAPPLE CHUNKS</p>	<p>2 SALISBURY STEAK W/GRAVY</p> <p>JUICE</p> <p>RED ROASTED POTATOES</p> <p>CARROT COINS</p> <p>WHOLE WHEAT DINNER ROLL</p> <p>PEAR</p>	<p>3 BREADED FISH W/TARTAR SAUCE</p> <p>MINESTRONE SOUP</p> <p>MACARONI &amp; CHEESE</p> <p>STEWED TOMATOES</p> <p>RYE BREAD</p> <p>CHOCOLATE PUDDING</p>
<p>6 <i>SUPER MONDAY</i></p> <p>EGG SALAD W/LETTUCE LEAF &amp; MAYO PACKET</p> <p>CHICKEN RICE SOUP</p> <p>SPIRAL PASTA SALAD</p> <p>BROCCOLI SALAD</p> <p>(2 slices) RYE BREAD</p> <p>JELLO</p>	<p>7</p>  <p><i>ELECTION DAY NUTRITION SITES CLOSED</i></p>	<p>8</p> <p>SIRLOIN BEEF TIPS W/RED WINE BROWN GRAVY</p> <p>JUICE</p> <p>CONFETTI RICE</p> <p>PEAS &amp; ONIONS</p> <p>PUMPERNICKEL/RYE SWIRL BREAD</p> <p>MANDARIN ORANGES</p>	<p>9</p>  <p>VETERANS DAY LUNCHEON</p> <p>FRIED CHICKEN</p> <p>VEGETARIAN VEGETABLE SOUP</p> <p>SCALLOPED POTATOES</p> <p>BRUSSEL SPOUTS</p> <p>WHOLE WHEAT BREAD</p> <p>POUND CAKE</p>	<p>10</p>  <p><i>NUTRITION SITES CLOSED</i></p>
<p>13</p> <p>STUFFED SHELLS W/TOMATO SAUCE</p> <p>JUICE</p> <p>THREE BEANS SALAD</p> <p>ROMAINE LETTUCE W/DRIED CRANBERRIES, CROUTONS &amp; LITE BALSAMIC VINAIGRETTE</p> <p>ITALIAN BREAD</p> <p>APPLESAUCE</p>	<p>14</p> <p>CHICKEN MARSALA</p> <p>MANHATTAN CLAM CHOWDER</p> <p>MASHED SWEET POTATOES</p> <p>SPINACH</p> <p>RYE BREAD</p> <p>PEACH YOGURT</p>	<p>15</p>  <p>THE BIRTHDAY BASH</p> <p>BEEF BURGER, PROVOLONE CHEESE, KETCHUP AND MAYO</p> <p>JUICE</p> <p>TATER TOTS</p> <p>COLESLAW</p> <p>WHOLE WHEAT BURGER BUN</p> <p>RICE PUDDING</p>	<p>16</p> <p>PORK MEDALLION W/MANGO SAUCE</p> <p>LENTIL SOUP</p> <p>BARLEY PILAF</p> <p>MIXED VEGETABLES</p> <p>DINNER ROLL</p> <p>BROWNIE</p>	<p>17</p> <p>CRAB CAKE W/TARTAR SAUCE</p> <p>JUICE</p> <p>MASHED POTATOES</p> <p>GREEN BEANS</p> <p>RYE BREAD</p> <p>OATMEAL COOKIE</p>
<p>20</p> <p>BREADED CHICKEN W/HONEY MUSTARD SAUCE</p> <p>HAM &amp; SPLIT PEA SOUP</p> <p>WILD/BROWN RICE BLEND</p> <p>BROCCOLI</p> <p>PUMPERNICKEL BREAD</p> <p>BANANA</p>	<p>21</p> <p>SWEET ITALIAN SAUSAGE W/TOMATO SAUCE</p> <p>JUICE</p> <p>POTATO MEDLEY</p> <p>PEPPERS &amp; ONIONS</p> <p>CLUB ROLL</p> <p>LEMON BAR</p>	<p>22</p>  <p>THANKSGIVING LUNCHEON</p> <p>TURKEY W/GRAVY</p> <p>APPLE CIDER</p> <p>STUFFING W/CRANBERRIES</p> <p>GREEN BEANS</p> <p>WHOLE WHEAT DINNER ROLL</p> <p>PUMPKIN PIE</p>	<p>23</p>  <p>THANKSGIVING</p> <p><i>NUTRITION SITES CLOSED</i></p>	<p>24</p> <p><b>BLACK FRIDAY</b></p> <p><i>NUTRITION SITES CLOSED</i></p>
<p>27</p> <p>OMELET W/CHEESE</p> <p>JUICE</p> <p>SAUSAGE PATTY</p> <p>HASH BROWN POTATOES W/KETCHUP</p> <p>RYE BREAD</p> <p>FRUIT COCKTAIL</p>	<p>28</p>  <p><i>SITE MANAGER'S MEETING COLD BOX LUNCH</i></p>	<p>29</p> <p>MEATBALLS W/TOMATO SAUCE</p> <p>JUICE</p> <p>SPAGHETTI W/MARINARA SAUCE</p> <p>SEASONED ZUCCHINI SLICES</p> <p>ITALIAN BREAD</p> <p>GRANOLA BAR</p>	<p>30</p> <p>WARM LOW-SALT HAM WITH PINEAPPLE SAUCE</p> <p>ROASTED CHICKEN VEGETABLE SOUP</p> <p>SPANISH RICE</p> <p>LETTUCE &amp; TOMATO</p> <p>CLUB ROLL</p> <p>VANILLA PUDDING</p>	 <p>THANK YOU VETERANS</p>